



ACHIEVE WELL TEAM

Empowering wellbeing,
elevating achievement

www.achievetwell.co.uk

Awareness Calendar 24/25

Trainings, resources, networks and more!

[Sign up to our newsletter here](#)



Nottingham
City Council

Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	July
1-30: Childhood Cancer Awareness Month	1-31: Black History Month	1-30: Islamophobia Awareness Month	1: Worlds AIDS day	1-31: Veganuary	1-28: LGBT History Month	1-31: Women's History Month	1:30: Stress Awareness Month	1-31: Local and Community History Month	1-30: Pride Month	1-31: Plastic Free July
2-6: Zero Waste Week	1-31: Breast Cancer Awareness	1-30: Movement	2-8: National Grief Awareness Week	10-16: National Obesity Awareness Week	1: Time to Talk Day	3-16: Fairtrade Fortnight	2: World Autism Day	5: World Hand Hygiene Day	1-30: Gypsy, Roma & Traveller Month	1-31: Talk to Us (Samaritans)
9-13: National Schools Breakfast Week	1-31: Stoptober	1-30: Lung Cancer Awareness Month	3: International Day of People with Disabilities	20: Brew Monday	3-9: Children's Mental Health Week	8: International Women's Day	2: International Walking Day	17: IDAHOBIT	5: World Environment Day	25: Drowning Prevention Day
10: World Suicide Prevention Day	10: World Mental Health Day	11-15: Anti-Bullying Week	10: Human Rights Day		6: International Day of Zero Tolerance to FGM	17-23: Nutrition and Hydration Week	22: National Stephen Lawrence Day	28: Menstrual Hygiene Day	12: Brake's Kids Walk	
11-17: Sexual Health Week	12-19: Hate Crime Awareness Week	12: Odd Socks Day			9: World Toothache Day	18: Stop Child Exploitation Day	24-30: World Immunisations Week	31: World No Tobacco Day	14: World Blood Donor Day	
14: World First Aid Day	15: Global Handwashing Day	13: World Kindness Day			11: Safer Internet Day	20: International Day of Happiness			19: Clean Air Day	
18: National Fitness Day	16-22: Recycle Week	17-23: Road Safety Week			14-20: Kindness Week	20: World Oral Health Day			26: RSE Day	
19: Youth Mental Health Day	24: UN Day	18-24: UK Parliament Week			15: International Childhood Cancer day	31: International Transgender Day of Visibility				
23: Bi Visibility Day		25: Elimination of VAWG			24-2 (Mar): Eating Disorders Awareness Week					